

YOU'VE GOT SOUL



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Music: It's All Right by Jon Batiste from Soul (Original Motion Picture Soundtrack, Track 41 iTunes) – <https://www.youtube.com/watch?v=-Xnu1aCyx5I>

Time/Speed: Original Music 2:50 Cut original music at 11 seconds then speed up 6% time 2:29.5

Rhythm/Phase: Foxtrot 5+2 (Running Spin, Outside Spin and Twist)

Footwork: Same except where noted

Difficulty: Average

Released: February 2022, Revised [measures A8, C1, & Ending 5] May 27, 2022

Sequence: Intro, A, B, A, C, Ending

INTRO:

1-2 CLOSED POSITION DLC ; ;
1-2 Closed position DLC wait two measures;;

PART A:

1-4 REVERSE WAVE 3 ; CHECK AND WEAVE ; ; HOVER TELEMAR ;

1 {rev wave 3} Forward L commence left face turn, -, forward and side R continue turn, back L to CP DRC (W start left face turn back R, -, cl L heel turn, forward R);

2-3 {ck and weave} Check back R, -, recover forward L commence left face turn, continue turning side and back R; Back L to BJO, back R continue turn, continue turn side and forward L, forward R to BJO DLW;

4 {hover telemark} Forward L, -, forward R between W's feet rising and turning right face, side and forward L to SCP DLW;

5-8 NATURAL FALLAWAY WEAVE ; ; THREE STEP ; HALF NATURAL;

5-6 {natural fallaway weave} Forward R commence right face turn with right side stretch, -, forward L rise on toe continue right face turn, back R in SCP; Back L losing stretch, slip R back commence left face turn to CP, side and forward L with left side stretch, forward R to Banjo (W forward L with left side stretch, -, forward R rising to toe between man's feet commence right face turn, continue right face turn back L in SCP; back R on toe, turning left face slip L forward to CP, side and back R with right side stretch, back L to Banjo);

7 {three step} Forward L blend to CP, -, forward R, forward L;

8 {half natural} Forward R commence right face turn, -, continue right face turn side L across partner, continue right face turn back R (W back L, -, close R for heel turn continue turn, forward L) end CP RLOD;

9-13 BACK TURNING WHISK ; PROMENADE WEAVE ; ; REVERSE WAVE ; ;

9 {back turning whisk} Back L commence to turn right face with slight right side stretch, -, side and back R continue right face upper body turn with right side stretch, cross L behind right to tight SCP (W forward R commence to turn right face with slight left side stretch, -, staying well into man's right arm side and forward L continue right face upper body turn with left side stretch, cross R behind left in tight SCP);

10-11 {promenade weave} Forward R, -, forward L commencing left face turn, side and slightly back on R to Banjo DLC; Back L, back R commence left face turn and lead woman to CP, side and slightly forward L, forward R outside partner to Banjo DLW;

12-13 {reverse wave} Forward L DLW commence left face body turn, -, side R continue turn, back L CP facing DRC (W back R commence left face turn, -, continue turn close L to R heel turn, forward R to CP facing DLW); Back R, -, curving left face back L, back R to CP RLOD;

14-16 OPEN IMPETUS ; FEATHER ; DOUBLE REVERSE FULL ;

- 14 {open impetus} Commence right face upper body turn back L, -, close R to L heel turn continue right face turn, forward L (W forward R between man's feet, -, side and forward turn L, forward R) to SCP;
- 15 {feather} forward R, -, forward L, forward R outside the woman in Banjo;
- 16 {double reverse full} Forward L commence left face turn, -, forward and side R continue left face turn, touch L to R hold (back R commence left face turn, -, cl L to R heel turn/continue left face turn side and slightly back R, XLif of R) to CP DLC;

PART B:**1-4 DIAMOND TURN ; ; ; ;**

- 1-4 {diamond turn} Forward L turning on diagonal, -, side R continue turning left face, back L with partner outside in Banjo; back R turning left face staying in Banjo, -, side L, forward R outside partner in Banjo; forward L turning on diagonal, -, side R continue turning left face, back L with partner outside in Banjo; back R turning left face, -, side L, forward R Banjo to DLC;

5-8 REVERSE TURN ; ; HOVER ; FEATHER ;

- 5-6 {reverse turn} Forward L turning left face, -, side and forward R continue left face turn, back L (W back R turning left face, -, close L continue left face turn, forward R) to CP RLOD; back R turning left face, -, side and forward L, forward R (W forward L turning left face, -, side and back R, back L) to Banjo DLW;
- 7 {hover} Forward L, -, forward and side R rising, recover L to SCP DLC;
- 8 {feather} forward R, -, forward L, forward R outside the woman in Banjo;

PART C:**1-4 CLOSED TELEMARK ; HALF NATURAL ; RUNNING SPIN AND WEAVE ; ;**

- 1 {closed telemark} Forward L to CP commence left face turn, -, side R continue turn, side and forward L (W back R commence left face turn, -, close L to right for heel turn, side and back R) to CP DLW;
- 2 {half natural} Forward R commence right face turn, -, continue right face turn side L across partner, continue right face turn back R (W back L, -, close R for heel turn continue turn, forward L) end CP RLOD;
- 3-4 {running spin and weave} Back L pivoting 1/2 right face [no sway], -, forward R [with left side stretch] continuing right face turn/side L, back R in Banjo [with right side stretch] (W forward R pivoting 1/2 right face, -, back L continuing right face turn/side R, forward L in Banjo); back L toward LOD leading woman to step outside to CBMP, back R continue left face turn, side and forward L toward DLW to Banjo Position preparing to step outside of partner, forward R (W forward R outside the partner to CBMP, forward L continue turn, side and slightly back R to Banjo Position, back L);

5-8 HOVER ; PROMENADE WEAVE ; ; THREE STEP ;

- 5 {hover} Forward L, -, forward and side R rising, recover L to SCP DLC;
- 6-7 {promenade weave} Forward R, -, forward L commencing left face turn, side and slightly back on R to Banjo DLC; Back L, back R commence left face turn and lead woman to CP, side and slightly forward L, forward R outside partner to Banjo DLW;
- 8 {three step} Forward L blend to CP, -, forward R, forward L;

9-12 OPEN NATURAL ; OUTSIDE SPIN AND TWIST SEMI DLC ; ; QUICK OPEN REVERSE ;

- 9 {open natural} Forward R commence turning body right face, -, continue turning right face side and back L, back R with right shoulder lead (W back L, -, commence turning body right face forward R, forward L with left shoulder lead) end BJO M facing RLOD;

- 10-11 {outside spin and twist semi} Small back L toeing in leading woman outside of partner with right face body rotation [with left side stretch], -, forward R heel to ball continuing right face turn [continue with left side stretch], side L toward DLW; cross R in back of left with only partial weight/unwind right face changing weight to R [no sway], continue turning right face on right, step side L semi DLC, - (W forward R outside of partner pivoting right face, -, back L turning right face, close R to left; forward L/R around man, forward L turning right face, forward R semi DLC, -);
- 12 {quick open reverse} Through R, forward L turning left face, continue left face turn side R, back L to Banjo (W through L, back R turning left, continue left face turn side L, forward R to Banjo);

13-16 FEATHER FINISH ; HOVER ; RIPPLE CHASSE ; SLOW SIDE LOCK ;

- 13 {feather finish} Back R commence left face turn, -, side and forward L outside partner, forward R to BJO DLW;
- 14 {hover} Forward L, -, forward and side R rising, recover L to SCP DLC;
- 15 {ripple chasse} Through R, -, side and slightly forward L with slight left side stretch/continue left side stretch into a right sway as you close R to left looking to right holding sway, side and forward L losing sway blending to SCP (W through L, -, side and slightly forward R with slight right side stretch/continue right side stretch into a left sway as you close L to right looking to left holding sway, side and forward R losing sway blending to SCP);
- 16 {slow side lock} Through R, -, side and forward L to CP, cross R in back of left turning slightly left face (W through L starting left face turn, -, side and back R continuing left face turn to CP, cross L in front of right);

ENDING:

1-4 REVERSE TURN ; ; WHISK ; WING ;

- 1-2 {reverse turn} Forward L turning left face, -, side and forward R continue left face turn, back L (W back R turning left face, -, close L continue left face turn, forward R) to CP RLOD; back R turning left face, -, side and forward L, forward R (W forward L turning left face, -, side and back R, back L) to Banjo DLW;
- 3 {whisk} Forward L, -, side and forward R, XLib (W XRib) SCP;
- 4 {wing} Forward R, -, draw L toward R w/left face body turn, touch L to right continue body turn to DLC (W forward L, -, forward R arnd M turn left face, forward L around M continue turn to SCAR);

5-8 CLOSED TELEMAR ; HALF NATURAL ; RUNNING SPIN AND WEAVE ; ;

- 5 {closed telemark} Forward L to CP commence left face turn, -, side R continue turn, side and forward L (W back R commence left face turn, -, close L to right for heel turn, side and back R) to CP DLW;
- 6 {half natural} Forward R commence right face turn, -, continue right face turn side L across partner, continue right face turn back R (W back L, -, close R for heel turn continue turn, forward L) end CP RLOD;
- 7-8 {running spin and weave} Back L pivoting 1/2 right face [no sway], -, forward R [with left side stretch] continuing right face turn/side L, back R in Banjo [with right side stretch] (W forward R pivoting 1/2 right face, -, back L continuing right face turn/side R, forward L in Banjo); back L toward LOD leading woman to step outside to CBMP, back R continue left face turn, side and forward L toward DLW to Banjo Position preparing to step outside of partner, forward R (W forward R outside the partner to CBMP, forward L continue turn, side and slightly back R to Banjo Position, back L);

- 9-11 HOVER ; THROUGH PROMENADE SWAY CHANGE SWAY ; ;**
- 9 {hover} Forward L, -, forward and side R rising, recover L to SCP DLC;
- 10 {through promenade sway} Through R, side and forward L stretching body upward to look over joined lead hands, relax left knee, - (W through L, side and forward R stretching body upward to look over joined lead hands, relax R knee, -);
- 11 {change sway} No weight change make small right face body turn looking away from partner;

QUICK CUES

You've Got Soul

Intro, A, B, A, C, Ending

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Intro:

Two measure wait closed line and center;;

Part A:

Reverse Wave 3; Check and Weave;; Hover Telemark; Natural Fallaway Weave;;
Three Step; Half Natural; Back Turning Whisk; Promenade Weave;; Reverse Wave;;
Open Impetus; Feather; Double Reverse Full;

Part B:

Diamond Turn;;; Reverse Turn;; Hover; Feather;

Part A:

Reverse Wave 3; Check and Weave;; Hover Telemark; Natural Fallaway Weave;;
Three Step; Half Natural; Back Turning Whisk; Promenade Weave;; Reverse Wave;;
Open Impetus; Feather; Double Reverse Full;

Part C:

Closed Telemark; Half Natural; Running Spin and Weave;; Hover; Promenade Weave;;
Three Step; Open Natural; Outside Spin and Twist Semi DLC;; Quick Open Reverse;
Feather Finish; Hover; Ripple Chasse; Slow Side Lock;

Ending:

Reverse Turn;; Whisk; Wing; Closed Telemark; Half Natural;
Running Spin and Weave;; Hover; Through Promenade Sway Change Sway;;